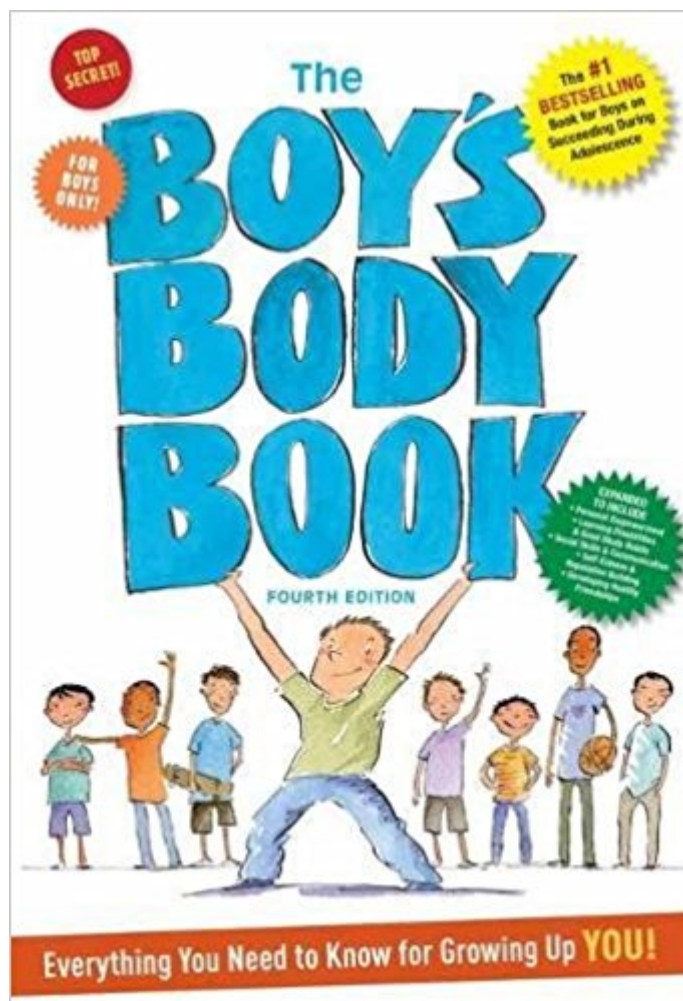


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The Boy's Body Book: Fourth Edition



Synopsis

This fourth edition of the #1 bestselling book for pre-teen boys has been fully updated and expanded to include everything you need to know about your changing body, texting and social media, friendship and peer pressure, leadership, and so much more! Growing up isn't as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. **The Boy's Body Book** is the #1 bestselling guide for boys, and it's here to help with expert advice, common sense tips, fast facts, and answers to all questions a boy might have. Some of the topics covered include:

- * From hair care to athlete's foot, a head to toe guide to what's happening with your changing body
- * Basketball football, soccer, chess: How you can excel no matter what you like to do
- * The care and keeping of parents, teachers, brothers, and sisters
- * How to keep your friends and your morals, and what to do if peer pressure or bullying starts to become an issue
- * And so much more!

Book Information

Paperback: 148 pages

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Product Dimensions: 7 x 0.4 x 10.2 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 9 customer reviews

Best Sellers Rank: #2,628 in Books (See Top 100 in Books) #4 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse](#) #5 in [Books > Children's Books > Growing Up & Facts of Life > Health > Maturing](#) #12 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Boys & Men](#)

Age Range: 9 - 12 years

Grade Level: 4 - 7

Customer Reviews

Kelli Dunham, RN, BSN is a nurse, comedian, and author of several books, including **The Boy's Body Book**, **The Girl's Body Book**, **How to Text Boys**, and **How to Text Girls**.

If you have an older son (mine is 11 & 6th Grade) who is still very much a KID, yet you need to

provide him information read this review! My son still plays with toys, is very innocent and still believes in all the magical aspects of childhood. I have waited for years for him to organically bring up the subject of private parts or how babies are made. This never happened and I realized that there were some things he needed to know. I read the entire book before giving it to my son. This book does not venture into sex, female body parts, etc. It is getting your toes wet in the world of puberty. It addresses male private parts, how they work, erections, the "stuff that comes out", wet dreams, etc and it emphasizes HEAVILY that these things are normal and no big deal. Only the first chapter is about this kind of stuff and the other chapters are about moodiness, showers, deodorant, friendships, making good grades, dealing with parents and teachers, etc. This is perfect because it takes out the awkwardness of body changes talk by meshing it in with all of the other information. My son DID NOT want to read this book. We explained that all kids going into the 6th grade had to read a book like this. I told him he needed to read a chapter a night and I warned him that the first chapter was about "private parts" but the rest was not. He sat by himself with some snacks and he read the whole first chapter. I asked if he had any questions and told him it was all normal, cool stuff and he said "I know! That's what the book said!" and then he told me that after he finished the first chapter he did read ahead in chapter 2 about pimples! Then he proceeded to tell me that I'm not supposed to pick at my face because it could cause a permanent scar. ;) I realize now that he must have NEEDED this information and he was happy after reading it. Also: on the front cover it says "Boys Eyes Only" and "Top Secret" which also helped because he felt like it was just for him. He yelled "HEY! Don't read that! It's just for boys!" I was so relieved afterwards that it went over well. Definitely recommend if you have a son going through bodily changes, but who isn't ready to hear about girls, "alone time", sex, etc.

Bought for my Grandson.

Our 9yo started asking questions recently so I searched and search for a well-rounded, non-religious influenced, book. This was the winner. We are all happy with it. It is a great entry into the world of puberty. There is no discussion of sex, it is simply this is your body, this is how you take care of your body, this is what to expect, and this is how your relationships with others might change a bit (starting to understand those feeling changes).

Just plain, no. This book was somewhat informative about emotions and basic hygiene but it did not cover the basic body transitions from a boy to even a young man. Disappointed that it didn't cover

even some of the more in depth questions a young boy may have.

I just sat down and read this to make sure it was appropriate for my 10 year old. It is perfect. All the things middle school boys are wondering about their bodies, is explained. From erections and wet dreams to body hair, bathing and deodorant: this is full of benign answers in real terms that my boy can understand. There's sections on relationships (with parents, peers and girls) but nothing inappropriate or too advanced/racy for a 5th grader. I am really, really glad I got this. There's some information I (as a woman) probably wouldn't have thought to share, it is available (if he's interested) now that we have this book! Definitely a good purchase!

Has good info for my 10/almost 11 year old. He says he read it and will keep it for reference.

This is the 5th book I have read by this author. She mixes a knowledge of nursing, medicine, humor, and kids all seamlessly into one book!

Great choice of wording describing changes to teens!

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